

## One-Dish Chicken Fajita Bake

Enjoy all the sizzle and flavor of restaurant fajitas in the comfort of your home with our One-Dish Chicken Fajita Bake!

🕒 Prep: 10 mins Cook: 25 mins Total: 35 mins

👤 Servings: Serves 4-5

1x	2x	3x
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### INGREDIENTS

- 1 lb boneless, skinless chicken breasts or thighs, sliced
- 4 bell peppers, any color, sliced
- 1/2 medium onion, sliced
- 1/2 teaspoon chili powder
- 1/4 teaspoon paprika
- 1/4 teaspoon garlic powder
- 1/4 teaspoon cumin
- 1/4 teaspoon dried oregano
- 1/2 teaspoon fine salt
- 1/8 teaspoon black pepper
- 1 Tablespoon avocado oil

### INSTRUCTIONS

1. Preheat oven to 375°F. Line a large rimmed baking sheet with parchment paper.
2. On the baking sheet, mixed chicken, peppers, onions, seasoning and avocado oil together.
3. Bake for 20-22 minutes or until chicken is cooked through and vegetables are tender.
4. Serve with lettuce wraps, over a sweet potato, on top of cauliflower rice or in a corn tortilla with all of your favorite fajita fixings.

### NOTES

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### NUTRITION INFORMATION

Serving Size: 1/4 of recipe    Calories: 213    Fat: 5g (Sat Fat: 0g)    Sodium: 400mg  
Carbohydrate: 8g (Fiber: 3g    Sugar: 3g)    Protein: 33g

## **DIETARY**

**Dairy-Free Egg-Free Gluten-free Grain-Free High Protein Nut-free Paleo Whole30**

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